




Discipleship

The objective of Discipleship is for each of us to be a follower, learner, and apprentice of Jesus and to partner with the Holy Spirit to help others to become the same. This is 

E – Experiential: This is different - not just sitting around a table reading and answering questions. This is a radical transformation in how we do life. It will require hands-on, honest, get down in the dirt, wrestling with God. Men learn best from experiences. Be prepared to move out of your comfort zone and engage with God and your group.

P - Purposeful: We will be intentional in living out God's call on our life to be salt, light, and a reflection of His Love to our wives, children, parents, friends, coworkers, and community.

I - Impactful: We will surrender to the transformative work of Jesus Christ through His Holy Spirit to impact every area of our lives. We recognize that we cannot have a real encounter with Him and remain the same. Walls will be torn down in our hearts and lives as God builds new bridges to Himself and others. We will in humility fully dive into what God has for us.

C - Christ-Centered: We recognize that any and all power to live out the miraculous life we are called to comes from Jesus Christ and is brought to us by His Spirit. Everything we do will be centered on Him. We will aggressively pursue Jesus as He pursues us.

WHAT YOU NEED:

- A Bible
- The Purple Book by Rice Broocks, Steve Murrell (go ahead and order)
- Pray Like a Monk, Live Like a Fool, Tyler Staton (go ahead and order)
- EPIC Binder – Handouts, exercises, etc. (We will provide.)
- Personal Journal (We will provide.)



UPCOMING EVENTS: (*AG = All Groups together / *DG = Your Disciple Group)

- Monday, October 7 - 7-9 PM at the church: What is a Disciple? (AG)
- Monday, October 14 - 7-9 PM at the church: Hearing the Voice of God.
- (AG)
- Fri - Sat, Oct. 25-26 - RealMen Retreat: You will be at a Table with us unless you are a Table Leader. (We know most of you are.)
- Friday or Saturday (Nov 1 or 2) Debrief about the retreat Spouses invited to attend. (AG.)
- Monday, Nov. 11 - 6:30 PM - Dinner and Kick-off of the Life in the Spirit. (DG)
- Monday, Nov. 18 - 6:30 PM - Dinner and continuation of the Life in the Spirit. (DG)
- Monday, Dec. 2 - 6:30 PM - Dinner and continuation of the Life in the Spirit. (DG)
- Fri - Sat, Dec. 13 - 14 - EPIC Retreat (from 6 PM Friday to 8 PM Saturday) (AG)

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- January 10 - 11 - The Marriage Retreat (details to follow) (AG)
- Monday, Jan 13, 20, 27 - 6:30 PM Jesus - Savior, Lord, Friend.(DG)
- From there, the cadence of the 2nd, 3rd, and 4th Monday of each month.



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MY COMMITMENT:

It is my desire to become a fully devoted follower of Jesus Christ, led by the Holy Spirit to make a generational impact for God in my family, my church, my community, my workplace, and my world. The expectation is excellence versus perfection as I pursue a growing relationship with God, evidenced by the fruits He produces through me.

1. **Biblical Teaching and Study:** I agree to surrender to the authority of Scripture to guide me in all aspects of my thoughts and practices. I commit to daily time in the word, seeking His face as I study and memorize His word so that I might better recognize His voice. I will grow in my ability to effectively share God's insights, principles, applications, and truths through the power of the Holy Spirit.
2. **Spiritual Mentorship and Accountability:** I welcome accountability, encouragement, wisdom, and prophetic words to be poured into my life as led by the Holy Spirit through my leaders and peers. I recognize that the accountability will be focused on how I am developing and stewarding what God has given me.
3. **Prayer and Worship:** I fully embrace the importance of prayer and worship, privately and corporately to further develop a deep strong personal connection with God.
4. **Supernatural FITness:** I believe that God still actively moves, speaks, and works for, by, and through His people. I welcome God, through the Holy Spirit, to move For me, In me, and Through Me. I will walk in a Spirit-filled life in all areas of life: Faith, Family, Fitness, Stewardship/Giving, Theology, etc.
5. **Character and Leadership Development:** I will focus on developing Christ-like character and leadership qualities. This includes nurturing virtues such as integrity, humility, compassion, and strength - aligning our family, personal, and professional life with Christ's teachings.
6. **Service and Ministry Involvement:** I will actively practice and use the gifts given to me through the Holy Spirit to strengthen, encourage, and comfort our church and community. I will put my faith into action under the spiritual authority of Restoration Church through our pastor, elders, and men's discipleship ministry leaders.
7. **Fellowship and Community:** I will be receptive to and actively work toward building strong relationships with other Christian men – Iron sharpens iron. Fellowship provides support, camaraderie, and a sense of belonging, which are vital for my personal growth and overcoming challenges.
8. **Personal Transformation:** I will allow the Holy Spirit to transform me – spiritually, emotionally, and relationally – molding me more and more into one who lives out my faith authentically and impactfully.



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I acknowledge that I am joining a group of spiritually mature men who the Holy Spirit helped choose to be agents for revival and the multiplication of disciples of Jesus among the men of Restoration. I will prioritize participating in Discipleship activities and meetings in my schedule and make every effort to avoid any absences. I am committing to:

1. At least 1 hour a day of prayer, Bible Study, and encounters with God.
2. Weekly Monday Night experiences (3 Mondays a month) in homes or various locations as the week's activity dictates (typically a 2-3 hour commitment).
3. **EPIC** Weekend Retreat (In addition to RealMen Retreat.)
4. Leading the group with assigned topics when asked. I will be open to speaking, leading, and serving opportunities.
5. If married, my wife and I agree that Discipleship is a priority and I have her support in pursuing this. I understand this includes a Marriage Weekend for us as a couple.
6. Tough Mudder – or similar group activity (as physically able).
7. Initial 1-year commitment and being open to co-leading a group of men in EPIC Discipleship after our initial year together if called upon to do so.

Weekly:

1. Rotate Hosting Responsibilities
2. Accountability
3. Reading, Debrief, and Study Discussion
4. Activations
5. Presentations by Group Members
6. Following up / Staying in community with your leader and group during the week.

Signed: _____

Date: _____