

We spent several weeks focused on hearing from God, now we want to explore the other side of the conversation, prayer. What we will discover is that all along, God's voice, has been extending an invitation to a conversation.

### **Dinner Conversation:**

- 1. What was one thing that stuck with you from the weeks we spent focused on hearing the voice of God?
- 2. Tell me about your current prayer life?

  "Who one believes God to be is most accurately revealed not in any credo but in the way one speaks to God when no one else is listening." (PLFLLM pg.23)
- 3. What do you think of this quote, "If you are praying, you are already doing it right." (PLMLLF pg.22)

PRAYING LIKE MONKS, LIVING LIKE FOOLS, (PLMLLF) Tyler Staton

## **After Dinner**

# **Chp 1. Holy Ground**



Philippians 4:4-9 (Do this, Receive this)

- Rejoice in the Lord always. I will say it again: Rejoice!
- Let your gentleness be evident to all.

#### The Lord is near.

- Do not be anxious about anything,
- but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

- Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.
- Whatever you have learned or received or heard from me, or seen in me—put it into practice. [This is Discipleship]

And the God of peace will be with you.

Notice how these verses are set up. Do this, receive this . . . The vehicle for this peace that is beyond what we can comprehend, that protects our hearts and minds, that

even empowers us to be disciples (M&M – Maturation and Multiplication) comes from prayer – conversations with God.

- 4. In PLMLLF (12) Tyler says that the reason we don't take God up on the exchange offered above is that, "we don't buy it." How does that resonate with you?
- 5. What does Tyler mean by "Pray as you can."

"Just talk to Him. Prayer is not the memorization of facts or highlighting of key phrases; it is a relational discovery." (PLMLLF pg 29) It is an Invitation to a conversation.

## Chp 2. Be Still and Know (Psalms 46:10)

6. "See anything here more powerful than you are? . . . Prayer doesn't start with speaking; it starts with seeing. . . Prayer is the act of seeing reality from God's point of view." (PLMLLF pg. 35)

Why is this important?

7. "What do I need to be spiritually healthy? . . . You must ruthlessly eliminate hurry from your life. . . hurry is the great enemy of spiritual life in our day." (pg. 37)

Can you relate?

8. "your inner life is not a mirror image of your environment. If anything, the opposite is true. We create an environment that mirrors our inner life." (pg 39)

Tell me about your environment.

9. "The great scandal and most important work of prayer is simply to let ourselves be loved by God." (pg 43) "Solitude is the furnace of transformation." (pg 46) "Slow down. Remember who God really is. Remember who you really are [from God's perspective]. That's prayer." (pg 47)



10. In Psalms 46:10 How do we get from A to B?

A - "Be still, and know that I am God;

B - I will be exalted among the nations, I will be exalted in the earth."



**Let's Practice (7 Minutes of being Still)** Go outside, sit in the dining room, living room, it doesn't matter. Set a timer for 7 minutes. Turn your hands heavenward. Say, come Holy Spirit and Be Still.

# **Re-Group and discuss**

